

**London Disability Cycling Forum
Minutes
21st May 2008**

Those present

Name	Name of Group/project	On behalf of (if applicable)	Target group	Borough	Email address
Thomas Moulton	LCC				thomas@lcc.org.uk
Liz Mincer				Croydon	lizmincer@aol.com
Jim Blakemore	Bikeworks			Tower Hamlets	jim@bikeworks.org.uk
Dominic Everett	RNIB		Sight impaired and severely sighted impaired	London Region	Dominic.everett@rnib.c
Gerry Wooder	MCCH Society LTD	Bexley Cycling project, Special Needs	Disability groups, personal focus adults	Bexley	g.wooder@mcch.org.uk
Lindsay Wilson	London Sports Forum for Disabled People		All disabled people	Pan london	Lindsey@londonsportsf
Lee Roach	College of Occupational Therapists		Occupational Therapists	UK	Lee.roach@cot.co.uk
Paul Lowe	CI	CI	Instructor training	UK and London	paul@cyclinginstructor.
Fred	Pedal 4 Health				fred@pedal4health.co.uk
Digger	Bikeworks		Disability	E.London	diggerrr@hotmail.com
Janet Paske (chair)	Wheels for Well being				

1. Apologies

Sarah Slater, LCC
Rosie Tharp, LCC
David Dansky, CTUK
Catherine Cornwell, DfT Walking and Cycling Team
Katherine Marsh, RNID

2. Minutes No-one raised any issues with the minutes from the last meeting

3. Matters arising

- National MIND not interested in joining the Forum. RNID have nominated someone to be a liaison person. **Action** : Janet P To contact Olly Jones about it. Digger to involve 2 hand crank cyclists he is aware of.
- Bikeability as an NVQ: Group agreed that we should re-suggest the idea; however it does need funding. The consensus around the table was that it would be worth it as Bikeability would then have more credibility and be a nationally recognised qualification, comparable to other sport qualifications. **Action** JP to raise with Catherine Cornwell at DfT.
- LW reported that the London Development Agency has relaxed the qualification criteria for Coachability. Now people with degrees are eligible.
- **Action** : Digger to provide details to Sarah for Marshall
- **Action**: Sarah S to check the Active Spectator Strategy has been sent to Sean Powell

4. Walking and cycling conference

- § The forum agreed that they were unhappy with the way the Walking and Cycling conference went. Despite being told the Forum could have a poster we were not kept in the loop and by the time we found out it was too late. An A4 handout was supplied but this was not put in delegate packs. **Action**: Tom M to raise this with Elizabeth Claridge at TfL.

5. Disability cycle training update

Janet explained what she understood to have happened with regards to the disability cycle training:

- § TfL had offered to pay for 12 people (who would work at projects for disabled people) to receive the Bikeability instructor training. The LCC arranged for this to be provided via Cycling Instructor.
- § In addition, Bikeworks (Jim with Digger) developed a specialised bolt-on training module which TfL had agreed to fund.
- § TfL has now withdrawn the funding for the latter as they view it as development costs, which they believe should be picked up by the Department for Transport [but Jim is still waiting to hear from Catherine Cornwall]
- § The funding was also withdrawn due to issues around charges submitted for admin costs. Sarah S had pulled together invoices for the admin including a claim from Janet P.
- There is a possibility that TfL will still fund the 12 places on the National Standards course but confirmation of this is on hold until Dr Veena returns from vacation [but under TfL report it seems that funding via this route is not going ahead].
- Paul L who was due to provide the 12 places was not happy to learn that this is the first he had heard about the possibility of the training being stopped.
- **Action** LCC to chase up Dr Veena
- Every one to find out who is interested

- Jim explained the bolt on course content and that to run it costs £100 per person. One course had already been carried out which had been very successful.
- Digger and Jim not happy that time and money they invested into the bolt-on may not be reimbursed, due to 'admin issues', and are therefore running at a loss. JP said she is happy not to get involved with the administration.
- Paul Lowe pointed out that the National Standards places could be funded by bursaries and Awards for All grants from the National Lottery. Information to be found on cyclinginstructor.com. You could approach your local cycle training provider and see if they are interested in helping you get a bursary – training providers are also trying to increase the number of instructors. Local authorities also have access to funding – try your cycling officer for this.

6. Bike maintenance

Tom updated us on the bike maintenance courses which the LCC had arranged. It was very in depth and they are looking to develop the course. Tom also referred to a project in development at Lambeth Accord which has been awarded a CCFL grant.

Jim updated us on project. He can't keep up with the demand and could give some bikes free to community groups. Bikeworks has some re-conditioned bikes from £45. They are starting training for homeless people with a partnership with Crisis. They get bikes from the police (but this is patchy) and from the public.

Tom reported that the LCC has been in touch with police Central Stores but local stations seem to have higher quality cycles.

Paul reported that you can now buy good quality bikes from China for £12 flat packed.

7. Update from the LCC

CCFL: 90 applications were received in the latest round but there was only enough money for 30. There was quite a high ratio for projects for people with mental health problems or physical impairments.

The LCC is looking to help people get money from PCTs.

Jim reported that he has a PCT funding for a healthy cycling initiative, focussing on people with cardio-vascular illnesses.

Janet reported that she is hoping for funding for a project for people with common mental illness from Lambeth PCT. Wheels for Wellbeing currently runs the Cycling for Health project for Croydon Council. **Action:** JP to provide Council contact details to Tom.

Fred has been talking to Merton and Sutton PCT who want him to provide instructors for free!

8. Update from TfL

- Please find attached Veena's note circulated at the meeting.
- The Forum was against the Mayor's proposal to allow motor bikes in bus lanes and it was decided that **Action:** a letter to Boris should be drafted to complain about it. Please find attached.

9. Networking

- Lee explained that OTs work with a wide age range, in local authorities, the NHS and the private sector. The work on condition management programmes eg getting people off Incapacity Benefit and back into work. He would be interested in featuring the therapeutic benefits of cycling in the Occupational Health Journal and newspaper. The group has 27000 members around the UK. They do a lot of work on adapted vehicles but he would like to get cycling onto the agenda. **Action** They would like an article for their monthly newsletter, LCC to follow up. Note that all OT have training budgets. They may be able to put Bikeability instructor training down as an accredited course.
- Fred near to the Wolfson (centre for people with brain injuries) so to liaise with Lee
- **Action:** Tom to send the information from the LCC disabilities guide to the whole group
- Gerry – Activities Modernisation coordinator - is starting up a cycling scheme in Bexley working with a local sports centre. He wants to work with wheelchair users. London Recumbents provide some cycling for his group.
- Fred is working with Gear Up in Sutton.
- Dominic is responsible for London and the South East. CVAB used to run tandem rides. **Action:** Does anyone know any tandem clubs in existence now? Please let Lindsay know too. Thom to send list LCC has.
- Jim to organise a social around Rollapuluza.
- CTUK is running an instructor course for deaf people in June – 1 place spare.
- Tom asks for people to pass details of events coming up to the LCC.

10. AOB

- Tom asked Janet the following questions:
Q? Are the disability cycles in Croydon moving to Lambeth A:No
Q? Are you taking a new disability position with CTC? A:No

11. Date of next meeting

Wednesday 10 September at Bikeworks at 1830.

The Forum ended at 8.20 p.m.