

Wheels for Wellbeing

22 September 2010



Wheels for Wellbeing win Mayor's Award for Active Travel in partnership with Transport for London



Wheels for Wellbeing, a charity which supports disabled people to cycle, are delighted to have been awarded the Mayor's Award for Active Travel. The charity attended the awards ceremony at City Hall on 20 October, where the award was presented to them by Boris Johnson, Mayor of London. The charity, along with Hillingdon Slipstreamers who were joint winners of the

category, was selected from over 120 applications from other community-based organisations across the capital. The awards recognise each organisation's contribution to health and well-being in their local area and their business.

Mayor of London, Boris Johnson said, "I've been terrifically impressed with the two winners of my Active Travel Award, so much so we were unable to decide between them and have given them both the award. These two groups exemplify what can be achieved by the hard work of local communities.

Both groups are increasing skills and confidence of cyclists and are delivering a high quality product... I commend their efforts and am delighted to see this kind of activity springing up all across London. I'd like to thank the London Health Commission for organising the scheme and bringing community development and the role of health and business to a wider audience."

5 other categories were also awarded during the Ceremony – Community Cohesion, Mental Well-being, Partnership Achievement, Well London and Small and Medium Business – Good Jobs. All winners will receive prizes including having their own film made about their organisation as well as a prize of £1,000 for the community groups.

Isabelle Clement, Chair of Wheels for Wellbeing, accepted the award on behalf of the organisation and said, "Our organisation is only three years old, but it has already achieved wonders for the hundreds of disabled people who have attended our cycling sessions in South London...So we want to reach more people and support them to cycle. We also want to dismiss the notion that cycling is only relevant for the fit, healthy, non-disabled public and that those considering cycling policies need not consider disability. To do that, we need to be able to show people that it can be done and what better way of doing this than via a short film."

For further information on Wheels for Wellbeing please contact Heather Goodwin at Wheels for Wellbeing on 020 7346 8482 or heather@wheelsforwellbeing.org.uk.