

Bikes in the Park is back

from Friday 9 April 2010

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- Want some fresh air?
- Want some fun?
- Want to get a bit fitter?

If you're a disabled person, come and try out our cycles. Your family and/or support workers are welcome too.



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Find us at Brockwell Park, just up from the Lido, on Friday mornings from 10am–12.30.

If you are new, you'll need to register—get the form and more details from www.wheelsforwellbeing.org.uk or contact Janet or Dominic on 020 7346 8482 info@wheelsforwellbeing.org.uk.

No need to book. Just turn up. £3 a session.



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