

Cycling with Wheels for Wellbeing What do you think?

Dear Visitor

We'd like to know what you think about what we do. If you'd like to tell us, please take a moment to complete this survey and return it to the Arena desk, post it to Wheels for Wellbeing, 336 Brixton Road, SW9 7AA or email it to dominic@wheelsforwellbeing.org.uk.

Need help? Ask a member of staff or call the office on 020 7346 8482.

We'd like responses back by **Wednesday 31 March 2010**.

1. What difference does coming to our cycle sessions make to you? (ring as many as apply)

I have made new friends	J
I feel more confident	J
I am fitter	J
I can now ride a cycle	J

2. What do you like about us? (ring as many as apply)

I have fun	J
I feel safe	J
Staff are great	J
You have lots of bikes	J
I can cycle with my family and friends	J
Other (please write down)	J

3. How do you rate the time you spend at the sessions?

Excellent	J
Very Good	J
Good	J
Fair	J
Poor	J

4. What should we do more of?

5. What can we do better?

PTO

6. Please complete the following sentence: I love cycling with you because

.....

ABOUT YOU

Ring an r for each question but don't give information if you don't want to.

7. How old are you?

Under 18	r
19 – 60	r
60+	r

8. Are you:

a disabled person?	r
a support worker?	r
family/friend?	r
Other?	r

9. What is your main impairment?

Learning difficulty	r
Autism/ other challenging behaviour	r
Physical impairment	r
Mental health issues	r
Hearing impairment	r
Visual impairment	r
Other impairment	r
I am not disabled	r

10. Where do you usually cycle with us?

At Brockwell Park, Brixton	r
At Croydon Sports Arena	r

11. If you don't currently receive updates from us and would like to, please give your email address: _____

12. Please give your name (and organisation, if appropriate) if we can quote you in our publicity material. _____

THANK YOU

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